BENESSERE DAY PACKAGE

Kick start your health regimen with a full day of Benessere at The Biltmore. Every Monday The Biltmore will feature a different Comprehensive Day Package that consists of a fitness class, a spa treatment, a culinary class and a leisurely end to your day poolside with a select fresh juice or smoothie from SUCCO Juice Bar.

Select from the following packages:

**ENERGY PACKAGE**
- Spinning Class
- 50 min Therapeutic Deep Tissue Massage
- Healthy Italian Cooking Class
- Green Lemonade

**DETOX PACKAGE**
- Spinning
- Organic Seaweed Leaf Cocoon
- Seasonal Cooking Class
- Alkalizer Juice

**ZEN PACKAGE**
- Yoga Class
- 50 min Five Star Ayurvedic Treatment
- Vegan Cooking Class
- Green Smoothie

**PRICE**
$325/package (inclusive of all tax and gratuity)